



Doris M. Seda Sowinski

July 15, 1938 - January 25, 2026

It is with profound sadness that our family mourns the passing of Doris Seda Sowinski, 87, who left this earth peacefully at home on January 25, 2026.

Born in Puerto Rico to Pedro and Rosa Sepulveda, and the only girl in a house of four boys, Doris was doted on by her family. She moved to New Jersey in the 1960s to start a family of her own with Manuel Seda and went on to work at Revlon for 35 years.

Doris was a loving mother & friend, devoted grandmother "Gma", and cherished great-grandmother "Bisabuela"— truly the matriarch and heart of her family. Her generous spirit was unmistakable when she hosted family gatherings, always cooking her famous Spanish rice, empanadas, and flan. She loved the ocean and took every opportunity to be at The Jersey Shore. And she was always game for whatever her granddaughters were engaged in, from playing Pictionary to riding the waves on bogie boards.

Doris was preceded in death by her devoted husband of 13 years, the late Al Sowinski. She leaves behind a beautiful legacy through her children, Maritza Seda-Kibler, Clara Seda Aldrich, and Manuel Alex Seda; her cherished grandchildren, Amber Jenkins, Angelina Aldrich, Abigail John, and Caiden Seda; her adored great-grandsons, Juniper and Ariocho John and other loving family members blessedly gained by marriage.

Previous Events

Memorial Service

APR 10. 10:30 AM (ET)

Grace Christian Church
1961 Wayside Road
Tinton Falls, NJ

Committal Service

APR 10. 12:30 PM (ET)

Hollywood Memorial Park Cemetery
1621 Stuyvesant Ave
Union , NJ

When you come into the cemetery grounds, just make the first right to the wall.

Repast to follow

APR 10 (ET)

Cafe' Z
2333 Morris Ave C1
Ideal Professional Office Park
Union, NJ 07083

All family and friends are invited to the repast, rsvp information will be sent out shortly. Parking located in the back of the building.

Tribute Wall

KF

“ I grew up with the Seda's. In fact, our backyards met. Clara and I went though grammar school, junior high and high school together and were good friends. So sorry to hear of your mom's passing. She was such a sweet woman. I hope you and your family find peace in cherishing the happy memories of your mom. Clara, its been a long time since we have been in touch. I hope all is well with you and your family.

Kristin Honchen Feliciano

Kristin Feliciano - April 09 at 04:40 PM

BH

“ Bongarzone Funeral Home lit a candle in memory of Doris M. Seda Sowinski



Bongarzone Funeral Home - January 27 at 05:33 PM